



ALCREST ACADEMY

Professional Work-Based Training

207 & 208 Manicures & Pedicures

This unit is about providing manicure and pedicure services. You will learn how to file nails, maintain cuticles, massage hands and feet, polish nails and various other hand and nail care treatments including paraffin wax!

Course Content

- • Consult with clients
- • Prepare for the treatment
- • Plan the treatment
- • Improve the appearance of natural nails and cuticles
- • Massage the foot and lower leg
- • Massage the hand and forearm
- • Provide nail polishing treatments
- • Complete the treatment

A minimum of 3 clients will be required to complete assessments. Some self-study will be included to complete end of unit test.

How can I apply?

Contact Alcrest Grimsby on 01472 240200

Email: info@alcrest.net

Or find us on Facebook.

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